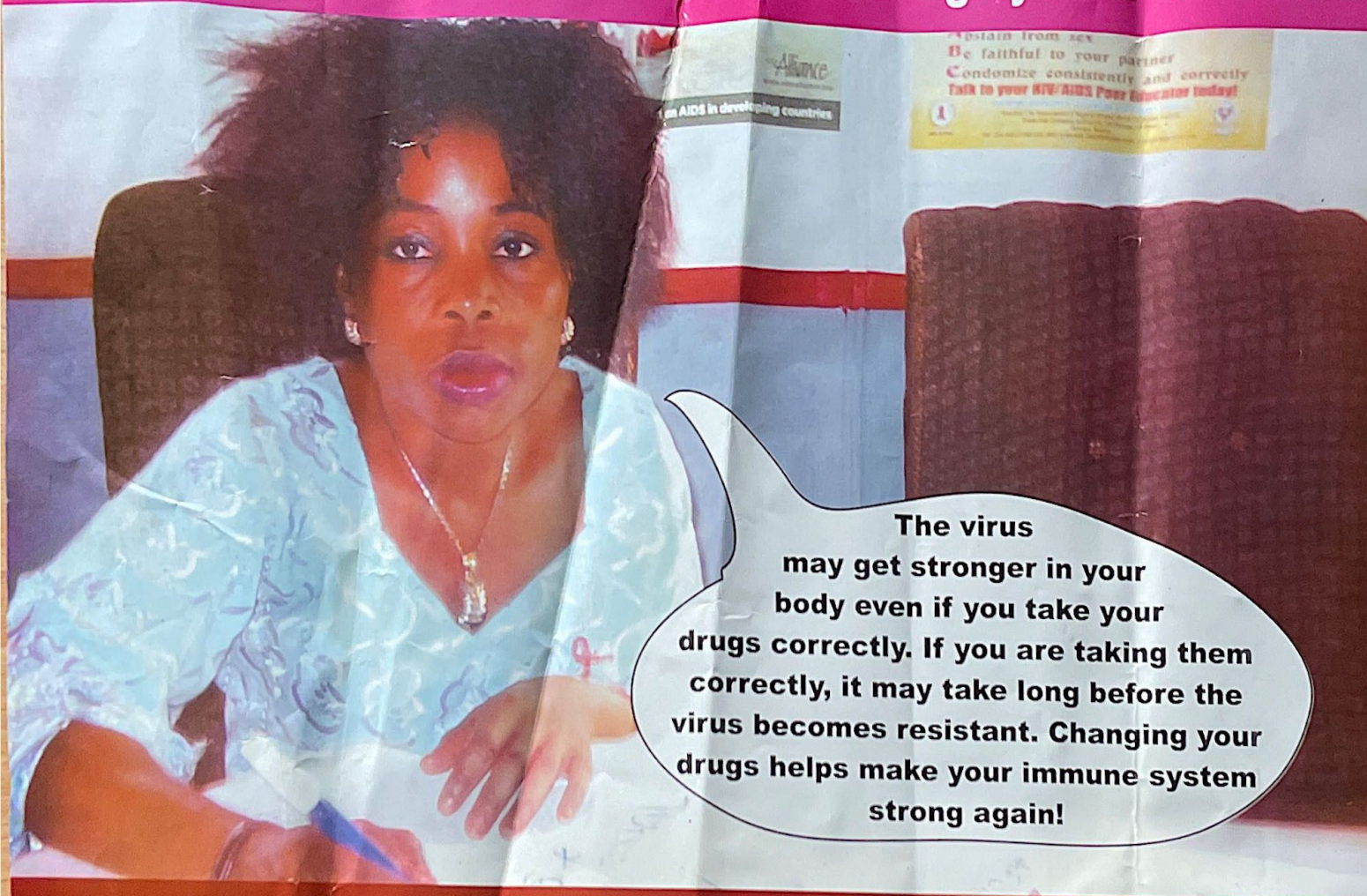


CHANGING YOUR ARV REGIMEN

The combination you start with is called the first-line regimen. If the combination stops working, the doctor will change you to a second-line regimen.



The virus may get stronger in your body even if you take your drugs correctly. If you are taking them correctly, it may take long before the virus becomes resistant. Changing your drugs helps make your immune system strong again!

Taking your treatment incorrectly (non-adherence) can mean you have to change to another regimen or combination quicker. Do your best to take your treatment correctly (adherence) to make your first-line regimen work for as long as possible.

Ask for information before taking any medication. If you are using ARVs, tell your doctor or nurse before taking any other medication, including herbal or traditional medicines.

Advocate for free ARV treatment and more quality generic second-line ARV drugs as well as better access to medicines for the treatment of opportunistic infections (common illnesses) affecting people living with HIV in Nigeria.

Call
08037190628; 07038204194;
08024429805; 027505036
email: planigeria@yahoo.com

It's your life! Take Control of it! Be Positive!

Adapted from a Treatment Action Campaign (TAC) publication and produced by Positive Life Association of Nigeria (PLAN) in collaboration with NELA, and funding support provided by the USAID/PACT/Community REACH Project

